



Keepin it REAL PRE/POST-TEST

Name: _____

Home Room Teacher: _____

Please read each question Carefully, and then mark whether the answer is true or false.

1. _____ An option that is well thought out is a simple preference.
2. _____ One strategy you could use if you find yourself in an uncomfortable situation is to use the REAL strategy of Exit.
3. _____ 93% of 8th grade students are not current smokers.
4. _____ When you act in a way that confidently communicates your opinion, while still respecting others, you are being aggressive.
5. _____ Behaviors that I think are okay for people my age are known as peer norms.
6. _____ 75% of 8th grade students do not use marijuana.
7. _____ Nonverbal cues are one of the techniques for the Refuse strategy.
8. _____ You can avoid within the situation according to the REAL strategy.
9. _____ Defining the situation is a part of the DARE Decision Making Model.
10. _____ Eco-Maps are a way of identifying people who may not care about you.
11. _____ Support networks provide good advice and guidance to you.
12. _____ Learning is one of the REAL strategies.
13. _____ It is ok to be passive when dealing with drugs and alcohol according to Keepin it REAL.
14. _____ An I Statement helps us express how we think and feel according to Keepin it REAL.
15. _____ Verbal cues should never be used according to Keepin it REAL.